

December 21, 2020



*Together we can break the stigma of addiction and revolutionize sober living.*



*Hear what Support4Recovery means to those navigating recovery.*

## **Greetings!**

I think we can all agree that 2020 was a challenging year – personally, socially and globally. The pandemic has changed our lives in ways too numerous to count. Staying at home (for both work and pleasure), overseeing remote learning of our children, and shifting to virtual meetings are just a few of the adjustments we have had to make as a community, in order to protect one another.

The recovery community has been deeply impacted by these changes in how we live and work. In-person meetings have been replaced by virtual meetings. Although we are grateful for the technology that still permits us to gather, we miss one another deeply. Recovery is not an individual effort; it takes place as we gather together to listen to one another.

**Support4Recovery** is proud to say that we continue to not only support individuals in recovery, we continue to expand our outreach. Here are a few highlights for the year:

- **Support4Housing** – Awarded 481 grants, for a total of \$238,493, in 2020
- **Seeds4Recovery** – Launched a new program designed to extend continuing care (therapy groups and community building activities) into recovery residences
- **Social Media Expansions** – Started a YouTube Channel and joined Instagram, to further our outreach and showcase what we are doing
- **Holiday Support** – Facilitated the donation of turkey holiday meals to local recovery residences, along with gifts for children living with their parents in recovery
- **Advocacy** – Ongoing efforts to ensure that local, state and federal officials understand the needs of the recovery community, to give addicts seeking treatment appropriate care; moving forward with the expansion of treatment within the Contra Costa County jail system.

All of these actions have been made possible, and continue to be made possible, because of the financial and advocacy support of our donors and collaborators. We would like to express deep gratitude to each and every one of you for being part of our mission.

Wishing everyone a safe and happy holiday season.

Regards,

**Anastasia Stephanopoulos**

President  
Board of Directors



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