



Together we can break the stigma of addiction and revolutionize sober living.

FROM THE PRESIDENT



Anastasia Stephanopoulos
President, Board of Directors

The year 2022 marks the 15-year anniversary of the founding of Support4Recovery! Yes, we are planning to celebrate!!

Mark your calendar for June 25, 2022, when we will hold the **Support4Recovery 15th Anniversary Celebration and Recovery Fair**. It will be held at the newly renovated West Picnic Area in Martinez, CA. Along with bringing the community together again (if the pandemic cooperates),

there will be food, music, and speakers. We will invite providers of support services for the recovery community and host a resource fair (including legal services, job services, etc.). We hope you will join us!

As always, we would like to express deep gratitude to each and every one of you for being part of our mission.

PROJECT REPORTS

Support4Housing – As 2022 begins, S4R turns a new page with the housing program! As most of you are aware, S4R founded and developed the sober living housing grant program in Contra Costa County. Now that it is solidly established, we relinquished administration of the County contract at the end of 2021 to Shelter Inc.

(www.shelterinc.org), a local non-profit focused on preventing homelessness. We have shifted our attention to the most vulnerable populations, and now award 30-day emergency housing grants, using private donations and grants from John Muir Health. These funds will support individuals who might otherwise not qualify under the County requirements. We are proud to continue our tradition of filling unmet needs of the community.

Needs Survey – We are reaching out to the recovery community, to gain a better understanding of their needs. If you have not yet completed the survey, and are in recovery, please use the survey link [here](#). Every response helps us to develop our life-changing programs.

Hispanic Community - Our efforts to reach the Spanish-speaking recovery community are well underway. We have documented the stories of members of the Hispanic community - one family, a mother, as well as 11 men in recovery – serving as witness to powerful stories of recovery. Our film footage will create a series of outreach videos, intended to increase awareness of, and participation in, Spanish-language addiction treatment.

Alumni Association Support – Some of the treatment houses are finally opening up again, for in-person meetings. We are planning to meet with alumni in those houses in the next few months. We hope to get ideas that will create, expand or strengthen their alumni association.

BOARD PROFILE



PABLO MARTINEZ

We welcome Pablo Martinez as one of our newest Board members. Pablo is currently the lead counselor at Pueblos Del Sol, a Spanish speaking substance abuse facility located in Concord CA. Pablo was a small business owner of Carlos Shoe Repair for 18 years prior to working for Pueblos. He served on the Board of Directors for Main ST Martinez for 9 years and Shell Community Advisory Panel (CAP) for 2 years.

Pablo is spearheading our efforts to reach the Spanish-speaking recovery community. We are creating an outreach video, intended to increase

awareness of, and participation in, Spanish-language addiction treatment. We are also advocating for more Spanish-speaking counselors.

To learn more about Pablo's journey of addiction and recovery, listen to this [video](#).

TESTIMONIALS

My name is Ramon.

I enter Pueblos Del Sol in June 14th, 2021 and graduated from the program on August 28th.

Toni brought me to see the Oxford house because Oscar and Edgar were there. Oscar took me to a job fair at Laney college because I didn't have a car and Toni got an email about the job fair one day before I left the treatment facility. I interviewed and Drug tested for Caltrans. One day after the job fair. They didn't call me afterwards.

I applied on Facebook for a job and at ServPro water fire restoration and when I started Oscar and my mom would give me rides. Then I got a car from my sister and her husband that they no longer used.

When I was working at Servpro they called me from Caltrans, and I made the decision to leave where I was working and put Oscar in my place. And now I have been working for the past two months with Caltrans, none of this would have happened without the help from Support4Recovery and Pueblos Del Sol.

ADVOCACY

S4R is currently advocating for a review of the statewide goal to shorten stays in residential treatment.

As noted in this [Tip Sheet](#), "The statewide goal for the average length of stay for residential treatment services provided by DMC-ODS participating counties is 30 days or less." As the Tip Sheet notes, in Contra Costa, the average length of stay is currently at: 21.4 days, barely long enough to establish sobriety.

We believe that having the option for longer stays, up to 90 days, is essential to strengthen sobriety. We are working to bring this issue to the Contra Costa County Alcohol and Drugs Advisory Board.

[Click here to](#)

SUPPORT

www.support4recovery.org